

Women's fitness



Women's tall figure



Men's Junior



crowned champion of her division.

David Cook won a closely contested men's junior division.

We all hope to see him continue in bodybuilding and hope to see him contesting in senior ranks.

Word from the judging table was that the women's short figure was the closest contest in the ten-year history of the ANB. Rosa-Maria Romero outlasted her competition to snatch victory by the barest of margins.

Lance Jenson won the men's under 90kg competition. It was Lance's first time back on stage since his maiden victory five years ago. It's great to see him back, bigger and better than ever at national level.

Allison Jackson from Queensland won both the women's masters and overall Australian champion for the second year in a row. She put on a masterful display illustrating her outstanding muscle condition and ripped physique. In the overall, Allison came up against former world champion Anne Hewitt and was able to overcome Anne to book her place at the world titles in November.

Another Queensland came to the competition to conquer the men's masters competition. Rainer Geitl, who two years ago was competing in the over 90kg division, took the title. He has an outstanding physique that saw him push his rivals all the way in the overall competition.

The grand masters competition saw long time competitor, and legend of natural bodybuilding Carey Greentree, take first place. Carey's always ripped physique makes men 20-to-30 years younger stand up and take notice.

The women's tall figure was a strong category with current Australian champion Kirsten Steiner hoping to make it two in a row. She was up against some stiff competition with the likes of Danielle Cameron and Mandy Graig putting in excellent performances. But Steiner scraped in by one point over Danielle Cameron and later went on to take out the overall figure title.

A fortnight before the Australian championships Donna Cheers came second to Paula Samaan in the fitness division at the ANB Central Coast Titles. Donna went into the Australian titles with an improved routine she hoped would give her the edge needed to win. It did and she took victory over Paula to win her first



Helen Jean continue her winning streak by completing the double and adding the Australian masters figure division to her Queensland title. Second place went a special lady, Joan Part from the Fitness Firm in Miranda, NSW. Joan suffers from MS. Told by doctors she would not live past 30 and would never have children Joan, now 50 years of age, has three children. After three years of training at the Fitness Firm, she was runner up in the most prestigious contest held in Australia. This is a credit to Joan both as a competitor and a person. Joan is living proof that everyone can compete.

The open figure division saw a high standard of competition with the winners proving exceptional. The 27-year-old beach lover from Queensland, Anne-Marie Lasserre placed third behind Rosa-Maria Romero from NSW. The flight attendant and mother of two did herself proud in her first ever competition. Barbara Williams from WA took the title. A fashion designer and entertainer Barbara certainly entertained the crowd and won one of the hardest divisions to judge.

With the fitness and figure divisions all done it was now time for the women's bodybuilding categories. The women's masters division saw Karen Rundell from WA finish a close second behind Kerrie Selwood from Queensland.

The women's under 52kg division came down to a battle between competitors from Victoria and New South Wales. Tinelle Murray from the Fitness Firm finished third, behind Bianca Basile a personal assistant from Victoria. But Victorian mother Sharon Lunt reigned supreme to claim the under 52kg trophy.

The women's over 52kg division saw Sue Isaak a gym instructor from Queensland finish third with Sonia Crivici from Pacific gym in NSW taking second. The stand out in this division was 24-year-old Jaye Clinton from WA. Jaye has the package to take her as far as she wants to go in bodybuilding.

In the men's teenage division competitors from NSW filled the placings. Third went to 16-year-old Riccardo Salvaggio from the Train Station gym, with Petar Jacovec finishing second. First place went to 17-

E OFF

PHOTOGRAPHY



year-old Michael Kwok from City gym. In the junior division Juan-Pablo Corea from NSW and WA junior champion Mark Cometti claimed third and second respectively. That left Charbel Kairouz from the Train Station gym with the Australian junior title.

The men's over 35 years masters division saw another Western Australian winner, with Warrick Simmonds winning his first Australian masters title. The masters over 40 years division saw competitors from Victoria, Queensland and Western Australia filling the placings. Third went to John Distefano from Victoria. The Western Australian masters champion Tony Bate nudged Queensland veteran Bruce Jones into second place.

The men's over 50 years division, proves you are never too old to compete in the greatest sport in the world. Mustapha Hamid from the Train Station gym was happy with his third place trophy, while Garry Hall took second place. Bob Hardy, the Queensland who enjoys life to the max, can now also enjoy being the best over-50 masters bodybuilder in Australia.

The novice division is always the hardest division to judge. With no more than one point separating the place winners the runner-ups can consider

themselves extremely unlucky. Steve Nicholas a personal trainer from Hot Bodz in NSW can take comfort in the fact when he looks at his third place trophy he has the potential to go all the way. Shane Wood from the Train Station, also in his first contest was only a heart beat away from his first win. But the novice champion was Queensland novice winner John Bondok. John should take great pride in winning such a hard division.

The men's under 65kg division saw 24-year-old Trent Day and Nick Xanthakis both representing New South Wales claim the placings while 39-year-old Victorian champion Mark Cheuk took out the title.

The men's under 70kg division has been the platform for pro body builders such as Lee Priest and this year the division was filled with competitors who hoped to one day emulate his achievements. Patrick Singh from the Train Station in NSW placed third, with second going to Queensland champion Clarrie Schultz. Colin Thoman added the Australian title to his Western Australian crown.

The men's under 75kg division came down battle between Queensland and Victoria. Casey Braid from Queensland found himself taking third spot. That left